

WEAK WORDS

WHAT IS WEAK ABOUT EACH OF THESE WORDS? HOW DO THESE WORDS GIVE YOUR POWER AWAY?

try –
stop –
stop it –
hard –
make –
why –
honest –
truth –
homework –
happy –
can't –
help –
supposed to/have to –
should –
want/wish/desire –
never/always –
guilty/jealous –
ashamed –
win/lose –
good/bad –
pretty/ugly –
maybe –
later –
not enough/too much –
hope –
overwhelm –
willpower –
discipline –